

VESTIBULAR REHABILITATION PROGRAM SYMPTOMS

Please circle all the words that describe your symptoms/feelings.

Reeling	Whirling	Faint
Giddy	Undulating	Lightheaded
Ringing/Tinnitus	Ear pain/pressure	Visual disturbances
Warm	Anxious	Pain
Unable to concentrate	Floating	Drifting
Off balance/unsteady	Dazed	Falling
Clumsy	Fluttering	Sick
Vomiting	Swimmy headed	Confused
Swaying	Disoriented	Heavy headed
Headache	Weak	Spinning
Listing	Leaning	Lack of memory
A rush	Fuzzy headed	Shaky
Nauseated	Focus problems	Being pulled
Staggering	Spacy	Vertigo
Fatigued	Drunk	Blurred vision

Other symptoms: _____

Are your symptoms constant or intermittent?

If intermittent, how long do the symptoms last?

Seconds Minutes Hours Days