



**Wednesdays**

**7-8PM**



# **RUNNING INJURY CLINIC**

## **INJURY Q&A AT FOOTZONE**

Footzone will be hosting local physical therapists, Kerry Field, DPT and Abby Halpin, DPT from Peak Sports and Spine Physical Therapy, for injury information sessions. Our goal is to share useful information

about injury prevention and training with the community.

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